



Iowa ABA Newsletter

Iowa Association for Behavior Analysis

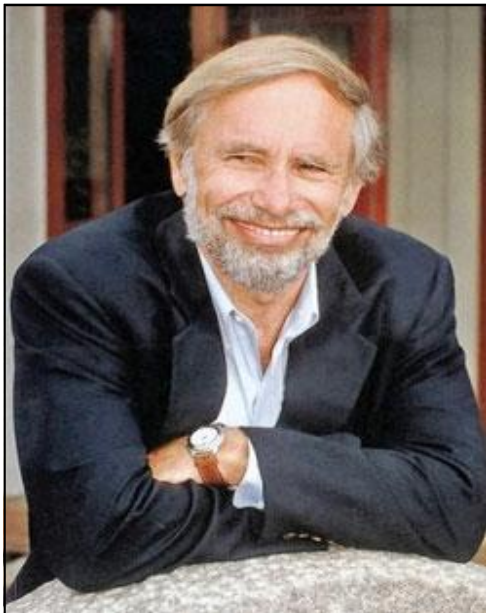
Volume 1, Issue 1
5/21/2011

Hello!

Iowa ABA is well on its way and the time is right! Several states including Iowa have passed legislation to mandate insurance coverage for ABA services. Other states are also moving forward in making decisions concerning licensure for behavior analysts. Our own state has voiced a huge desire to increase the capacity for ABA services by encouraging Universities to assist us in "growing our own" the Iowa way. If you have been a member in the

past, please consider re-joining and becoming active in forming a voice for ABA in Iowa. If you have not been a member in the past, please consider lending your voice, your support and your passion as we work to make a difference in Iowa.

Evelyn Horton, BCBA
Iowa ABA Chair



In Memoriam to O. Ivar Lovaas

Perhaps the best-known behavior analyst since B. F. Skinner, Ole Ivar Lovaas passed away on August 2, 2010, at the age of 83. For nearly half a century, he engaged in ground-breaking research and clinical practice that focused on applied behavior analytic (ABA) interventions for children with autism. He also disseminated ABA widely through his intervention manuals, educational films, and public speaking. Moreover, as an enthusiastic teacher and devoted mentor, he inspired many students and junior colleagues to enter the field of ABA.

Inside this issue:

<i>San Antonio 2010</i>	2
<i>DBT at WRC</i>	2
<i>I-PART</i>	2
<i>About BACB</i>	3
<i>The Homestead Opens ABA Clinic</i>	3
<i>Seven Dimensions of ABA</i>	3
<i>Future Events</i>	4
<i>CEU's in IOWA</i>	4

Membership Categories and Fees:

Full Member	*\$20.00	\$30.00
Affiliate Member	*\$15.00	\$25.00
Student Member	\$10.00	\$10.00
Family Membership	\$10.00	\$10.00

*Reduced fees are for those with ABAI memberships

Come Join Us as a Member of Iowa ABA!

Membership in the Iowa Association of Behavior Analysis is open to all persons interested in or actively engaged in behavior analysis. Membership can be acquired in one of four classes. The membership year is from July 1 to June 30th.

Visit the IABA website for more information and an application form.

Full Member: degree related or involving behavior analysis

Affiliate Member: evidence of interest in ABA,

Student Member: pursuing formal training in ABA on at least half-time basis

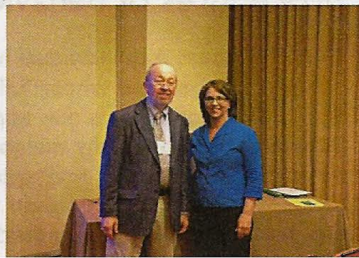
Family Member: has family member at risk or on the spectrum

Download the Iowa ABA application

<http://iowaaba.com>



Iowa ABA Members Present at ABAI 2010 in San Antonio, Texas



John Pokrzywinski and Evelyn Horton presenting a workshop at ABAI 2010 in San Antonio, Texas



Susan Smith presenting a workshop at ABAI 2010 in San Antonio, Texas



Evelyn Horton & Lindsay Ward represent Iowa ABA at the ABAI Expo 2010 in San Antonio

Here are some of the presentations by members of Iowa ABA:

- The Challenging Behavior Service: A Training Service for Members of Challenging Behavior Teams in Iowa (Poster Presentation). Tory J. Christensen (University of Iowa), Brenda J. Bassingthwaite (University of Iowa), David P. Wacker (University of Iowa), Kelly M. Schieltz (University of Iowa), Todd G. Kopelman (University of Iowa Hospitals & Clinics), Sean D. Casey (Iowa Department of Education), Barbara Ohlund (Iowa Department of Education)
- Developing a Dialectical Behavior Therapy Program Suited for Persons with Intellectual Delay and Coexisting Conditions (Workshop). Susan M. S. Smith (Woodward Resource Center), James R. Prickett (Woodward Resource Center), Jan Munson (Woodward Resource Center), Cindy Gronert (Woodward Resource Center), George Dobrzynski (Woodward Resource Center), Sheri Bowles (Woodward Resource Center)
- Communication-Based Behavior Interventions: A Review of Functional Communication Training and Interdisciplinary Collaboration (Workshop). John Pokrzywinski (Woodward Resource Center), Evelyn Jo Horton (The Homestead), James R. Prickett (Woodward Resource Center)
- Crying in 6-Month Old Infants: A Sign of Jealousy or Are They Mending Interaction? (Poster Presentation), Maria G. Valdovinos (Drake University), Adam Gallenberg (Drake University), Samantha Nelson (University of North Texas), Dustin F. Baker (Drake University)

DBT at WRC

Dialectical Behavior Therapy (DBT) was developed by Marsha Linehan in her book *Cognitive Behavioral Treatment of Borderline Personality Disorder* (1993). DBT was introduced to Woodward Resource Center (WRC) to provide effective rehabilitative services to individuals who have emotional regulation deficits. The professional literature that was reviewed found that DBT was recognized as an empirically effective treatment. Six core

team members were sent to attend a 10-day intensive training provided by Behavioral Tech, Inc.

The challenge was that Linehan's model involves abstract concepts that are specifically geared toward a population who have above average IQs. WRC realized that the standard DBT materials provided would not be effective with the individuals that WRC serves. The DBT-Team trans-

formed the approach from an abstract cognitive model into a behavioral model that includes concrete and visual materials and activities that are effective with the population and are consistent with applied behavior analysis. Preliminary results show a decrease in injuries to participants (both those providing services and receiving services) with a corresponding need to use restrictive measures to manage these behaviors.

I-PART

Iowa's Program Assistance Response Team (I-PART) is a program which operates out of the Woodward Resource Center and provides, via mobile teams, behavioral consultations to individuals for intellectual disabilities and mental illness or autism throughout Iowa, at sites such as community-based residential facilities, family homes, schools, hospitals, shelters, etc. I-PART mobile teams

complete functional assessments as well as perform interviews and observations of the person, the environment, and the interaction between the two to develop a hypothesis, a data collection system, and a viable behavior support plan. Follow-up services are provided until the person meets data-based termination criteria. I-PART also provides community-at-large trainings on a

variety of topics relevant to serving individuals who are dually diagnosed. Consultation referrals and training requests can be made by calling 515/438-2600, or to [L- PART@dhs.state.ia.us](mailto:PART@dhs.state.ia.us). All services provided by I-PART are compliments of Iowa Department of Human Services and therefore, free-of-charge to the recipients.
By Susan Smith MS, BCBA



About BACB

The Behavior Analyst Certification Board®, Inc. (BACB®) is a nonprofit 501(c)(3) corporation established in 1998 to meet professional credentialing needs identified by behavior analysts, governments, and consumers of behavior analysis services. The BACB adheres to the national standards for boards that grant professional credentials. The BACB certification procedures and content undergo regular psychometric review and validation, pursuant to a job analysis survey of the profession and standards established by content experts in the field.

The Behavior Analyst Certification Board's BCBA and BCaBA credentialing programs are accredited by the National Council for Certifying Agencies in Washington, DC. NCCA is the accreditation body of the Institute for Credentialing Excellence. The BACB is endorsed by the Association of Professional Behavior Analysts, the Association for Behavior Analysis International, Division 25 (Behavior Analysis) of the American Psychological Association, and the European Association for Behavior Analysis.

As of 5/20/2011 there are a total of 18 BCBA's and 6 BCaBA's in Iowa. On the other hand, the American Association for Behavior Analysis lists 42 ABAI members for the State of Iowa.

Additionally, there may be a number of providers who are not ABAI members that could meet the requirements. Many individuals are currently working towards certification by completing course work requirements and documenting professional fieldwork experience.



The Homestead Opens Clinic

The Homestead has moved into our new building in Altoona, Iowa. The facility is designed to house a new service providing ABA services onsite for children with autism. This is one of the few places in Iowa that children can receive ABA services with board certified

oversight and highly experienced and trained staff. The first child walked through the doors on Nov 30 and the demand for services has been terrific. Outcomes from the clinic based services are showing much faster acquisition of skills than the team was able to see through the in-home ser-

vices that had been provided previously. The team reports much more parent training and school collaboration with this service delivery. For more information contact The Homestead Admissions Coordinator at 515-957-3344 or through website at www.thehomestead.org.

5th Annual Conference Heartland Association for Behavior Analysis was held March 3rd-4th 2011 at the Thompson Alumni Center located on the University of Nebraska Omaha campus in Omaha, Nebraska. Featured 2011 Conference Presenters include: Mark Sundberg, Ph.D., BCBA; Cynthia Ellis, MD; Mark Shriver, Ph.D.; Pamela Neidert, Ph.D., BCBA.

Seven Dimensions of Applied Behavior

The seven dimensions of applied behavior analysis were introduced by Baer, Wolf, and Risley in their seminal article, "Some Current Dimensions of Applied Behavior Analysis" published in the inaugural issue of the *Journal of Applied Behavior Analysis* (Spring, 1968). These dimensions describe the fundamental characteristics of any good applied intervention, carefully distinguishing application from experimental or conceptual analysis of behavior. These dimensions can also be used to guide formative analyses of applied behavioral treatments. That is, treatments that do not feature all seven dimensions are incomplete and potentially compromised in effectiveness.

1. **Applied:** Applied interventions deal with problems of demonstrated social importance.
2. **Behavioral:** Applied interventions deal with measurable behavior (or reports if they can be validated).
3. **Analytic:** Applied interventions require an objective demonstration that the procedures caused the effect.
4. **Technological:** Applied interventions are described well enough that they can be implemented by anyone with training and resources.
5. **Conceptual Systems:** Applied interventions arise from a specific and identifiable theoretical base rather than being a set of packages or tricks.
6. **Effective:** Applied interventions produce strong, socially important effects.
7. **Generality:** Applied interventions are designed from the outset to operate in new environments and continue after the formal treatments have ended.

Baer, D.M., Wolf, M.M., & Risley, T.R. (1968). Some current dimensions of applied behavior analysis. *Journal of Applied Behavior Analysis*, 1, 91-97.



Iowa Association for
Behavior Analysis

Iowa Association for Behavior Analysis

1625 Adventureland Dr., Suite B
Altoona, Iowa 50009
ehorton@thehomestead.org

Iowa ABA is an affiliated chapter of
the Association of Behavior Analysis
International for professional,
scientific and education purposes

Visit us at [http://
iowaaba.com](http://iowaaba.com)

IowaABA Officers and Committees

Executive Board of Directors

Chair: Evelyn Horton
Vice Chair: John Pokrzywinski
Secretary/Treasurer: Sean Casey
Director-At-Large: Maria Valdovinos
Director-At-Large: Josh Cobbs
Director-At-Large: Rose Vetsch
Director-At-Large: William Steffen

Committees:

Financial Committee: Sean Casey (Chair), Bill Steffen,
John Pokrzywinski
Membership Committee: Sean Casey (Chair), Rose
Vetsch, John Pokrzywinski
Publications Relations Committee: Rose Vetsch
(Chair), Maria Valdovinos, John Pokrzywinski
Legislative Action Committee: Josh Cobbs (Chair),
Evelyn Horton, John Pokrzywinski

*The deepest sin against the human mind is to believe
things without evidence.*

T. H. Huxley

Future Events

- **37th Annual ABAI Convention, May 27-31, 2011, Colorado Convention Center, Denver, CO**

Join us for our annual meeting at 7:30 PM . 8:20 PM on Monday in Room 303 at the Convention Center and come see us at the ABA Expo at 8:30 PM - 11:00 PM on Saturday in Exhibit Hall F of the Convention Center.

- **6th International ABAI Conference, November 24-26, 2011, The Palacio de Exposiciones y Congresos de Granada, Granada, Spain**

CEU's offered in Iowa this year!

Iowa BCBA's and BCaBA's were able to acquire Type 2 CEU's this year without leaving the state.

1. Attending the annual Autism Society of Iowa Conference
 2. Participating in Iowa Communication Network sessions hosted by our neighboring chapter Heartland ABA
- Many thanks to HLABA, Woodward Resource Center and John Pokrzywinski for making this happen. If you would like to be notified of upcoming CEU opportunities, join Iowa ABA!

